



# GoodSport



S R I L A N K A O L Y M P I C W E E K L Y N E W S B U L L E T I N

## TEAM SRI LANKA STEPS INTO ROAD TO HANGZHOU WITH TEAM OFFICIALS MEETING



Team Sri Lanka kickstarted its road to Hangzhou on July 31, 2022, with the first Team Officials meeting at the Sri Lanka Olympic House. These officials will be taking care of the 96 athletes, ready to compete in 20 sports, at the upcoming Asian Games in Hangzhou, China.

The meeting was headed by the Chef de Mission, Mr. Nishanthe Indunil Piyasena and the head table comprised of the Secretary General of the NOC SL, Mr. Maxwell de Silva, Deputy Chef De Mission, Reshika Udugampola OLY and HQ team members, Air Cmdr. Erandika Gunawardena and Mr. Ruwan Alahakoon. Since this was the very first meeting for the Team Officials, a briefing on the Games and preliminary steps were given.



From page 01



At the same time, we are delighted to announce that DSI Samson Group will be the Official Partner of Team Sri Lanka for the 19<sup>th</sup> Asian Games Hangzhou 2022.

The MoU signing ceremony between DSI and NOC Sri Lanka was also held at the Sri Lanka Olympic House on July 31, 2023.

We extend our heartfelt gratitude to DSI and AVI Sri Lanka for their support!



# TEAM SRI LANKA LEAVES FOR TRINBAGO 2023 COMMONWEALTH YOUTH GAMES



As the 2023 Commonwealth Youth Games approach, Sri Lanka is preparing to send its finest young athletes to participate in this prestigious sporting event.

The Commonwealth Youth Games, held every four years, are designed to promote sporting excellence among the youth of the Commonwealth nations while fostering friendship and understanding between cultures. This year's event is scheduled to take place from August 4<sup>th</sup> to 11<sup>th</sup> in the beautiful dual-island nation of Trinidad and Tobago.

Sri Lanka's contingent, consisting of 11 exceptionally talented athletes, will represent the nation in various disciplines. Each member of the team has undergone rigorous training and competed at various national and international events to earn their spot at the Commonwealth Youth Games.

Their participation alone is a testament to their talent and hard work, and their journey to the Commonwealth Youth Games will undoubtedly inspire future generations of young athletes in Sri Lanka. The team will be led by the General Team Manager, Mr. Sarath Kooragama.

Captain has joined hands with the NOC SL as the official partner.



Meanwhile, LOVI Sarongs has stepped up as the official clothing partner for the opening ceremony. "LOVI is proud to dress them in Sri Lankan sarong nationals showcasing the beauty of our own paradise island.", said founding CEO, Mr. Asanka De Mel.



The Commonwealth Youth Games not only provide a platform for competitive sports but also serve as a unique opportunity for cultural exchange and building lasting friendships among the youth from diverse backgrounds.

With representation from over 70 Commonwealth countries, the event promises to be a thrilling and fiercely competitive celebration of youth sportsmanship. Participants will have the chance to experience the rich culture and hospitality of Trinidad and Tobago while forging bonds with fellow athletes from around the Commonwealth.

Continued on Page 04

From Page 03

## Meet the Sri Lankan Contingent!



**D. A. Shalani Hansika**

Event: Athletics (400m Hurdles & Long Jump)



**K. L. Akalanka**

Event: Athletics (400m Hurdles)



**W. M. K. Nirmali**

Event: Athletics (800m)



**Lesandu Arthavidu**

Event: Athletics (High Jump)



**R. P. Nilupul Pehesara**

Event: Athletics (High Jump)



**W. O. Sameen Madushan**

Event: Beach Volleyball



**Manuja Nisal**

Event: Beach Volleyball



**Disandu Niriella**

Event: Swimming (50m Freestyle, 100m Freestyle, 200m Freestyle)



**Akithmi Wasalathanthri**

Event: Swimming (50m Backstroke, 100m Freestyle, 50m Freestyle)



**Hiruki De Silva**

Event: Swimming (100m Freestyle, 200m Freestyle, 400m Freestyle)



**Binura Talagala**

Event: Swimming (200m Individual Medley, 200m Freestyle, 400m Freestyle)



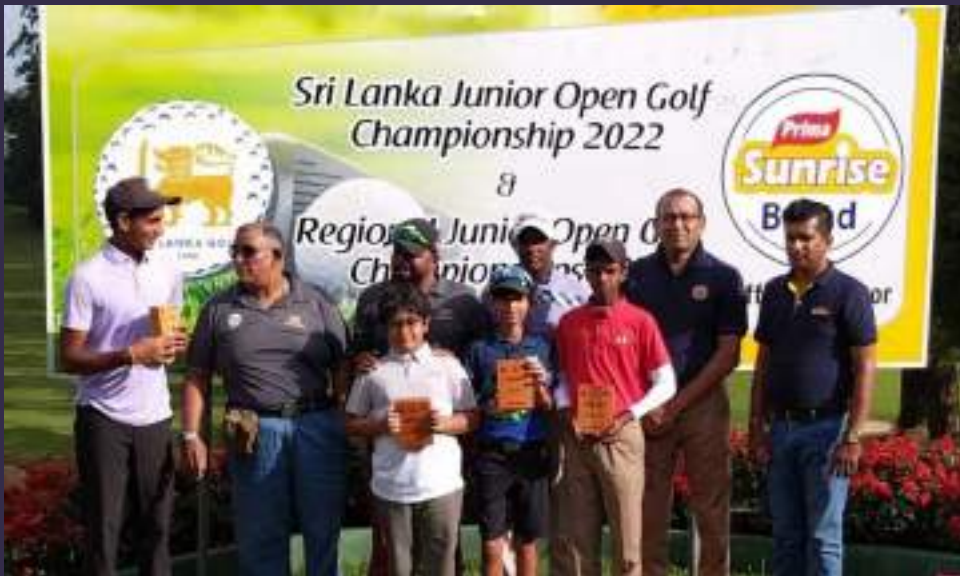
**Sarath Kooragama**

General Team Manager

*As the Sri Lankan contingent departs for the Games, let us all join hands in supporting our youth athletes, hoping they will return home with not just medals but also unforgettable memories and invaluable experiences from Trinidad and Tobago.*



# PRIMA REGIONAL JUNIOR OPEN GOLF - RESHAN ALGAMA STAMPS HIS AUTHORITY AS THE UNDISPUTED JUNIOR NUMBER 1 IN SRI LANKA



(L - R): Reshan Algama -Winner Gold Division 15 - 18+ Yrs, Diminda De Zoysa -Manager Finance & Administration SLG, G.M. Pradeep Kumara- Asst. National Coach SLG, Yuwan Rathis Kanth-Winner Copper Division 09+ & Under Yrs, K. Prabakaran – Sri Lanka Pro., Yehansa Senanayake-Winner Bronze Division 10 - 11+ Yrs, H Janeesh Weerasinghe-Winner Silver Division 12 - 14+ Yrs, Indika Dissanayake Sales Manager PRIMA SUNRISE BREAD. Roshan Jayasinghe from Prima Ceylon Ltd.

Reshan Algama having made his debut with distinction for Sri Lanka at the Bangladesh Amateur Championship earlier this year at the Kurmitola Golf Club in Dhaka, he has gradually matured as a National Player and at the Sri Lanka Golf Ranking Tournament for July finished in the top five.

Following-up on that performance Reshan blew away the field in the Nuwara Eliya Regional Junior Open 2023, played at the petite and beautiful Nuwara-Eliya Golf Club Course over two rounds.

Reshan Algama won the Prima Sunrise Bread Sponsored, Gold Division Category for Boys by 17 strokes from-

Jevhan Sathasivam in Runner-up position a further 3 strokes ahead of joint third place youngsters Jacob Norton and Pranav Muralitharan.

Reshan was outstanding carding a 2 over par in the 1<sup>st</sup> Round and an Even Par round in the second round for a total of 144 in the difficult and tricky NEGC Course.

Jevahn Sathasivam on 161 clinched the Runner-up place whilst Jacob Norton and Pranav Muralitharan were tied in 3<sup>rd</sup> place on 164 ahead of NEGC's Imran Nazeer on 166 to complete the top five in the Boys Gold Division age category of 15 – 18+ years.

It was refreshing to note that the Nuwara-Eliya Regional Junior Open 2023, attracted the highest number of entries since COVID 19, recording participation of 69 entries in the different Age group categories.

The continued sponsorship of PRIMA Sunrise Bread, the enthusiasm and support of parents and the activation of the juniors from Anuradhapura Junior Golfers, the Ananda College Junior Golf Club and the juniors from Colombo and the Home Club NEGC ensured the success of the Regional Golf Tournament.

The Gold Division for Girls was won by T. Atshaya of NEGC from Animu Karunathilaka from Colombo, whilst the Silver Division for Boys age category 12 – 14 + years was dominated by Anuradhapura Golfers Janeesh Weerasinghe on 157 Gross over 2 rounds one stroke ahead of Adhithya Weerasinghe a further 3 strokes ahead of joint 3<sup>rd</sup> placed Thejas Rathis Kanth and Keshav Algama of RCGC on 161, in a very hotly contested age group division with Chandra Kumar Dharaniyan of NEGC taking 5<sup>th</sup> place.

Ananda College juniors Hirush Pramuditha, Lithira Mendis made their debut at the Regional level in the Gold Division whilst, Lithum Silva, Damsith Meepawala, Aditha Mithsara and Enaal Kumarasinghe debuted in the Silver Division.

From page 05

The Girls Silver Division was also dominated by the Anuradhapura juniors, Dilini Amarawansa winning the 12 -14+ years age group from Kaitlyn Norton from Colombo followed by Dinuli Manumitha Yahathugoda and Udithma Yasavi from Anuradhapura.

The Bronze Division Age Group 10-11+ years Boys over 2 rounds 14 Holes per round, was won by Yehansa Senanayake from Colombo by a clear 7 strokes from Lavidu Premarathna of Anuradhapura Golf on 157, one stroke ahead of Anuja Methsara on 158 in 3rd place while Udeera Bandara and B.A. Sadaneth all of Anuradhapura occupied 4<sup>th</sup> and 5<sup>th</sup> places, followed by the Ananda College debutants Ronal Scofield, Kenul Scofield, S.A.L.G.S. Perera and Haveen Kumarasinghe. Sivakumar Kavinayam of NEGC was placed 8th in the division.

The Bronze Division for Girls was won by Genuli Weerakoon with a Gross aggregate of 199 from Vihara Herath and Nimasha Iddamalgoda all of Anuradhapura Golf Club.

The Age Group 9+ & under over 9 holes and 2 rounds the Winner Yuvan Rathis Kanth was a clear Group Champion with an aggregate of 78, from Jaeden Sathasivam and the rest of the field. Yuvan's excellent score included an amazing Hole-In-One on the Par 3, 15th Hole Teeing-Off From the special Copper Division Tee. The unique achievement of a Hole-in-One at a such a young age augurs well for Yuvan and we are sure to hear more of him in the future.

A special Certificate was awarded to Yuvan Rathis Kanth from the NEGC and the prize was handed over by Mr. K. Prabakaran, the Top Professional Golfer from the Nuwara-Eliya Golf Club.



(L - R): Mrs. Niloo Jayatilake -Chairperson Junior Golf Development, Ms. Rohina Macan Markar - Former Lady Captain NEGC, T Atshaya Winner Girls Gold Division 12 - 18+ Yrs, Genuli Weerakoon Winner - Bronze Division 10 - 11+ Yrs, Dilini Amarawansa Winner Silver Division 12 - 14+ Yrs, Ananya Kishanthan Winner - Copper Division 09+ & Under Yrs, Roshan Jayasinghe from Prima Ceylon Ltd, Indika Dissanayake Sales Manager PRIMA SUNRISE BREAD

Mr. Ranjith Kumar, Head of NEGC Junior Golf was also in attendance. The Copper Division for Girls was won by Ananya Kishanthan of Colombo from Ompragas Thrinayani of Nuwara Eliya.

The Two day Regional Championship was successfully concluded, conducted by Sri Lanka Golf organized by the Junior Golf development Committee and the Prize Giving was graced by the main sponsor of the regional junior golf championships PRIMA SUNRISE BREAD and the Sales Manager Mr. Indika Dissanayake represented the Sponsors and gave away the prizes. Former Lady Captain of the NEGC Ms. Rohina Macan Markar, a keen golfer from a renowned golfing family involved in Golf for over 5 decades delivered a motivational speech to all the junior golfers and also gave away the prizes in the Girls' divisions.

Junior Golf is well organized and is certainly setting the platform for the future stars of Sri Lanka Golf.

**Nuwara Eliya Regional Junior Open 2023 Results at a glance**

### Gold Division Boys

Winner – Reshan Algama 144 (73,71)  
Runner up - Jevhan Sathasivam 161 (83,78)

### Gold Division Girls

Winner – T. Atshaya  
R/Up Anumi Karunathilaka

### Silver Division Boys

Winner- H. Janeesh Weerasinghe 157 (80,77)  
R/Up – H. Adhithya Weerasinghe 158 (81,77)

### Silver Division Girls

Winner – Dilini Amarawansa  
R/Up Kaitlyn Norton

### Bronze Division Boys

Winner-Yehansa Senanayake 151 (75,76)  
R/Up – Lavidu Premarathna 157 (76,81)

### Bronze Division Girls

Winner-Genuli Weerakoon R/Up Vihara Herath

### Copper Division Boys

Winner-Yuvan Rathis Kanth 78 (38,40)  
R/Up – Jaeden Sathasivam 107 (48,59)

### Copper Division Girls

Winner-Ananya Kishanthan  
R/Up Ompragas Thrinayan

Courtesy - Sri Lanka Golf

# COLOMBO ROWING CLUB WINS DEEPAM TROPHY & MADRAS BOAT CLUB WINS ADYAR TROPHY

**M**adras Boat Club (MBC) hosted the 82nd edition of the Madras Colombo Regatta – The oldest international inter-club rowing event, established in the year 1898, held on 29 July 2023. The competition, requiring great physical and mental strength, consisted of 12 races, 8 for men and 4 for women, across 4 boat categories. It was a fiercely fought contest, with CRC winning 45 points and MBC clinching 30 points.

The Chief Guest, Dr.D. Venkateshwaran, Deputy High Commissioner, Sri Lankan Deputy High Commission Chennai gave away the Deepam trophy to the winning Sri Lankan men’s team which displayed flawless technique and amazing speed. The Adyar trophy was awarded to the MBC women’s team, who gave it all on water to continue their winning streak this year as well. Speaking at the event he said that it was a pleasure to talk about matters on water, which involve friendship and camaraderie.

Mr. N. Subramanian, President of MBC said “We are happy to host Madras-Colombo after a long Covid gap. We hope the Colombo team had a good time competing in this regatta.” Mr. Dimuth Gunawardene, President of CRC, appreciated the wonderful hospitality of the MBC and warmly reminisced that in the olden days, the teams used to stay at the homes of the host club and the relationship extended to the families as well – and the friendships made, were for life.



RESULTS OF THE MADRAS COLOMBO REGATTA 2023 @ CHENNAI - JULY 29, 2023

| RACE S.NO | EVENT                      | COLOMBO  | MADRAS  | WINNER   |
|-----------|----------------------------|--|---|--|
| 1         | MEN SINGLE SCULL "A TEAM"  | Shaylon Gunaratna  | Aryamaan  | Shaylon Gunaratna  |
| 2         | WOMEN DOUBLE SCULL         | Oneli Chandrasekara<br>Gabriela Senanyake  | Rithika<br>Prethusha  | Oneli Chandrasekara<br>Gabriela Senanyake  |
| 3         | WOMEN COXLESS PAIR         | Ashvini Subasinghe<br>Binuri Gunawardena   | Samyukta<br>Niranjana   | Samyukta<br>Niranjana  |
| 4         | MEN SINGLE SCULL "B TEAM"  | Kehan Sooriyarachchi   | Jadon Mosses  | Kehan Sooriyarachchi   |
| 5         | MEN COXLESS PAIR "B TEAM:" | Vihanga Kudalgama<br>Abhishek Nanayakkara  | Aryamaan<br>R Rohit   | Vihanga Kudalgama<br>Abhishek Nanayakkara  |
| 6         | MEN DOUBLE SCULL "A TEAM"  | Maliq Hassan<br>Disas Sooriyarachchi   | Advaith<br>Logesh   | Maliq Hassan<br>Disas Sooriyarachchi   |
| 7         | MEN COXLESSPAIR "A TEAM"   | Arjun Wkramanayake<br>Sajin de Livera  | Gopi Anand<br>Vasikaran   | Gopi Anand<br>Vasikaran  |
| 8         | WOMEN SINGLE SCULL         | Rovinya Wijesekera   | Arya  | Rovinya Wijesekera   |
| 9         | MEN DOUBLE SCULL "B TEAM"  | Shaylon Gunaratna<br>Kehan Sooriyarachchi  | Dhrish<br>Dinesh Kumar  | Shaylon Gunaratna<br>Kehan Sooriyarachchi  |
| 10        | MEN COXED FOUR "B TEAM:"   | Vihanga Kudalgama<br>Dhaharath Senanayake<br>Viruna Cooray<br>Abhishek Nanayakkara<br>Kemil Peter (cox)  | Idhikash<br>Tharun Inbaselvan<br>Vimalan Neeraj (COX)           | Idhikash<br>Tharun Inbaselvan<br>Vimalan Neeraj (COX)  |
| 11        | WOMEN COXED FOUR           | Ashvini Subasinghe<br>Binuri Gunawardena<br>Gabriela Senanayake<br>Lehana Aluwihare<br>Kemil Peter (cox) | Samyukta Shamana<br>Sumana Niranjana<br>Sanjay Gandhi (COX)     | Samyukta Shamana<br>Sumana Niranjana<br>Sanjay Gandhi (COX)  |
| 12        | MEN COXED FOUR "A TEAM"    | Arjun Wkramanayake<br>Maliq Hassan<br>Disas Sooriyarachchi<br>Sajin de Livera<br>Pasan Ranaweera (cox)   | Advaith<br>Gopi Anand<br>Rohit Vasikaran<br>Sanjay Gandhi (COX) | Arjun Wkramanayake<br>Maliq Hassan<br>Disas Sooriyarachchi<br>Sajin de Livera<br>Pasan Ranaweera (cox) |

*Courtesy - Colombo Rowing Club*

# SRI LANKA FACES TOUGH COMPETITION IN DAVIS CUP ASIA/OCEANIA GROUP III



*Team Sri Lanka*

The much-anticipated Davis Cup, often hailed as the World Cup of international Men's tennis, has come to an end for Sri Lanka with mixed results and a heartbreaking defeat. Hosted by the Sri Lanka Tennis Association (SLTA), the Davis Cup was the grandest tennis event of the year, culminating with the finals scheduled for July 29. The matches were contested on the SLTA Clay Courts, providing Sri Lanka with a home advantage in this crucial tournament. Eight countries competed for the top three places, which would secure them a coveted spot in the Davis Cup World Group II starting next year.

The participating nations, including Sri Lanka, Cambodia, Iran, Malaysia, Jordan, Pacific Oceania, Saudi Arabia, and Vietnam, showcased their best players, competing for major honors on the international stage.

The teams were divided into two round-robin groups, where the top country from each group would earn promotion to Group II, while the second-placed team from each group will face off in a promotional playoff match and the last two countries among the eight participants will face relegation to the Asia-Oceania Group IV for the next edition of the prestigious tournament.

Sri Lanka showcased both youthful talent and experienced players in their team, marking a significant development in their Davis Cup journey. Thehan Wijemanne and Chathurya Nilaweera led the charge as the two leading campaigners in the five-member Sri Lankan team. Having played together in several international events, both players had valuable experience on their side. Thehan Wijemanne made his Davis Cup debut in 2020, while Chathurya Nilaweera joined the team in 2021.

The Sri Lankan lineup was further strengthened by Ashen Silva (a team member from 2022 who played in group 4), Dhilvan Herath, and Apna Perera, all making their Davis Cup debut in the current edition. Renouk Wijemanne skillfully served as Sri Lanka's non-playing Captain cum Coach, providing guidance.

The tournament kicked off with the opening tie against Saudi Arabia on July 26. Despite putting up a fighting performance, Sri Lanka narrowly fell to a 1-2 defeat against Saudi Arabia in the Davis Cup Asia/Oceania Group-3. Saudi Arabia started strong, securing the first two Singles matches, which proved to be an unbeatable lead for Sri Lanka. However, the home team recorded a consolation win in the Doubles encounter, demonstrating their tenacity and fighting spirit.

Results of the tie against Saudi Arabia:

- Saud Alhogbani beat Thehan Wijemanne 7-5, 6-0.
- Ammar Alhogbani beat Chathurya Nilaweera 6-3, 6-1.
- Thehan Wijemanne and Dhilvan Herath beat Omar Ahmed and Abdullah Alfaraj 6-3, 6-7(6), 6-2.

On July 27, Sri Lanka encountered Vietnam and suffered another defeat, this time with a score of 1-2. The home team found some consolation in the exceptional performance of Thehan Wijemanne and Dhilvan Herath in a grueling Doubles encounter.

From page 08

Despite conceding the first set, the Sri Lankan pair made an impressive recovery to snatch the last two sets and secure a hard-fought victory.

Results of the tie against Vietnam:

- Ashen Silva lost to Van Nguyen 5-7, 2-6.
- Chathurya Nilaweera lost to Minh Vu 4-6, 5-7.
- Thehan Wijemanne and Dhilvan Herath beat Tuan Pham and Tien Nguyen 3-6, 7-6(5), 6-4.

The third successive defeat came on July 28 when Sri Lanka faced Iran. Unfortunately, the home side endured a tough day, suffering a 0-3 drubbing at the hands of the Iranian team.

As a result, Sri Lanka finished last in Pool 'A' after earlier losses to Saudi Arabia (1-2) and Vietnam (1-2), leading to the prospect of relegation to Group-4 in next year's competition.

Results of the tie against Iran:

- Apna Perera lost to Ali Yazadani 0-6, 4-6.
- Ashen Silva lost to Sina Moghimi 0-6, 3-6.
- Dhilvan Herath and Thehan Wijemanne lost to Amir Hossein and Samyar Elyasi 4-6, 6-7(4).

As the tournament entered its final stage, Sri Lanka faced a crucial tie against Malaysia on July 29, seeking to avoid relegation to Group IV. Thehan Wijemanne secured a vital win in the first singles match, but the team ultimately suffered a 1-2 defeat, leading to their demotion to Group IV for the next year.

Results of the tie against Malaysia:

- Thehan Wijemanne beat Naufal Kamaruzzaman 6-3, 6-3.
- Chathurya Nilaweera lost to Mitsuki Leong 6-7(5), 0-6.
- Christian Chin and Mitsuki Leong beat Dhilvan Herath and Thehan Wijemanne 6-7(5), 6-7(6).

Meanwhile, Iran made history finishing top of the 2023 Davis Cup Asia/Oceania Group III event. This remarkable achievement has earned them a spot in the 2024 World Group II Play-offs for the first time.

Emerging as the group leaders, the Iranian team showcased their dominance by defeating Pacific Oceania 2-0 in the positional play-offs. Both Iran and Pacific Oceania had already guaranteed their promotion by finishing at the top of their respective groups.

Vietnam secured the third promotion place after a thrilling 2-1 victory against Jordan in a decisive match-up. Nonetheless, Jordan, Malaysia, and Saudi Arabia will remain in the Asia/Oceania Group III for the upcoming year.

Cambodia faced disappointment along with Sri Lanka as they were relegated after suffering losses in the play-offs against Saudi Arabia and Malaysia, respectively. In the upcoming year, both countries will compete in the Asia/Oceania Group IV.



*Team Iran*

Despite facing ups and downs in their Davis Cup journey, Sri Lanka's team displayed remarkable efforts and determination on the court.

Though the results may not have been as desired, this experience will undoubtedly serve as a valuable learning opportunity, motivating the team to continue striving for success on the international tennis stage.

As the nation looks forward to the next edition of the Davis Cup, the Sri Lankan team will be fueled with newfound determination to reclaim their position among the elite tennis nations.

# OLYMPIC VALUES TO DRIVE UNDERGRADUATES' QUALITY OF LIFE



Aiming towards “Enrichment of Undergraduates’ Quality of Life,” National Olympic Committee of Sri Lanka (NOC SL) conducted an Olympic Values Education Program (OVEP) for Instructors in Physical Education for the first time in the Sri Lanka University Sector.

It was held in the Belihuloya premises of the Sabaragamuwa University of Sri Lanka from 21<sup>st</sup> -24<sup>th</sup> July 2023 as a residential program.

The NOCSL Education Committee chaired by Mr. Maxwell de Silva and Co-Chaired by Mr. B.L.H. Perera recognized the successful concept orientated by the present Vice Chancellor of the Sabaragamuwa University of Sri Lanka Senior Professor R.M.U.S.K. Rathnayake, who benchmarked the core concept of the National Olympic Academy -

program witnessing as the keynote speaker in its 18<sup>th</sup> proceedings in Bandarawela in December 2022, in order to support undergraduates with a set of values that will guide their mission of life in collective manner.

Abide by this aim a group of 22 Instructors in Physical Education (IPEs) were joined to this ‘Train the Trainers’ OVEP, as they can be closely engaged with diverse set of components of physical literacy development in the Universities where “Olympic Educational Themes” be the new add on to their practices within the university context.

With this bridging, university sector will eventually embrace the Olympism, the philosophy of life which uses sports for the service of humanity.

It can be expressed through actions that link sport to culture and education where sport can be an excellent tool for positive outcomes such as peace, holistic education and social development.

Recognising the unique potential of sport as an educational and communication tool, the Olympic Values Education Programme (OVEP) is a practical set of resources designed to inspire and allow its participants to imbibe the Olympic values of excellence, respect and friendship.

The four days long program ensured PEIs’ constructively learning Olympic Educational Themes of Joy of Effort; Fair Play; Practicing Respect; Pursuit of Excellence; and Balance Between Body, Will, and Mind to give back to their university community by inculcating learning the same.

Continued on Page 11

From page 10

Sticking to those expectations the contents of the program delivered in three main segments:

- 1) Sessions to knowing Olympism, Olympic Heritage and Olympic Educational Themes;
- 2) Workshops preparing to deliver those themes; and
- 3) Nature trail to testing the immediate outcomes of the values inculcated.

The knowledge and experience shared during the program is expected to transfer through its main participants, the Instructors in Physical Education to their university settings.

The participants represented Sabaragamuwa University of Sri Lanka, University of Peradeniya, Rajarata University of Sri Lanka, Uva Wellasa University, University of Kelaniya, University of Ruhuna, South Eastern University, University of Moratuwa, University of Sri Jayawardenepura, Gampaha Wickramarachchi University of Indigenous Medicine, Institute of Technology-University of Moratuwa, and General Sir John Kotelawala Defence University.

This program became a reality with the organisation endeavours of the Sabaragamuwa University working group and their dexterous -

coordination with the NOCSL group of facilitators who dedicated their extraordinary efforts to achieve this pioneering program in the Sri Lanka University history.

As the participants transfer these values to their community it will contribute towards 'good citizenship' and, as Coubertin (the father of modern Olympics) envisioned more than 100 years ago, inner development at a time will begin when young people's 'moral compasses' are starting to be set for later life.

