



GoodSport



S R I L A N K A O L Y M P I C W E E K L Y N E W S B U L L E T I N

Asian U-20 Athletics Championship

NOC SL - CRYSBRO NEXTCHAMP KIDS DAZZLE AGAIN

Ratnayake Central, Walala runner Tharushi Karunaratne won back to back gold medals as Sri Lanka reaped a haul of three medals on day two of the Asian Junior Athletics Championships in South Korea. Karunaratne won the gold medal in the women's 800 metres before running the vital anchor leg for her team to clinch gold ahead of strong Indian and hosts' teams in the 4×400 metres mixed relay.

Gold medals Sri Lanka won on the 5th were its eighth and ninth since the commencement of the biennial championship in 1986. Competing in her pet event, Karunaratne was hardly challenged as she led from the first 100 metres to finish in a time of 2:05.64 seconds.

Karunaratne, had set an Asian (junior) leading time just outside the current national record to earn her ticket to the event in South Korea. "I am really proud of her achievement. I was not expecting her to run close to her personal best as she had given her best in the 400 metres," Susantha Fernando her coach said after she clinched her first gold. She won the silver medal of the 400 metres on Sunday.

In the mixed relay she started in the third position but when the Indian counterpart who had won the gold in the 400 metres individual event tumbled at the start she grabbed the opportunity to fight for the first place and there was no turning back for her from there on.

Jayeshi Uththara who won the 400 metres bronze, Shehan Dilranga and Vinod Ariyawansa were the others to form the mixed relay team.

She finished in a new Sri Lanka record time of 3:25.41 seconds.

She was also a member of the team that had set the previous national record at the World Junior Championships.

While the country's senior athletes are yet to run the mixed relay at an international event, the junior athletes' performances had been considered as National Records.

From page 01



Sri Lanka's mixed relay team with their medals: (From left) Jayeshi Uththara, Tharushi Karunaratne, Susantha Fernando (coach and manager), Shehan Dilranga and Vinod Ariyawansa

Kahawatta Central triple jumper Malith Yasiru was the other medallist of the day. Yasiru cleared 15.82 metres, seven centimeters shy of his personal best, to win the bronze ahead of India's Sukhpreet Singh. Japan's Miyao Manato who was the only athlete to clear the 16 metres mark (16.08m) and China's Ma Yinglong (15.98m) won the gold and silver medals respectively.

With the two gold medals won, the country has nine gold medals against her name at these championships now.

Sri Lanka's first gold medals of these championships were won by Damayathi Dharsha (100m) and Susanthika Jayasinghe (200m) in Jakarta Indonesia in 1994.

The country had to wait till 2012 when it hosted the event in Colombo to witness the next gold.

Dulaj Madusanka and Shivanthi Kumari Ratnayake won golds in the men's and women's 400 metres at the Sugathadasa Stadium while also anchoring the 4×400 metres relay teams to bronze and silver.

At the last edition in Gifu, Japan the country won three golds with Aruna Dharshana winning the men's 400 metres with a championship record time of 45.79 seconds.

Dharshana also ran a vital leg to win the 4×400 metres gold. The other gold came in the women's 3000 metres steeplechase when Parami Wasanthi clocked a National Junior Record time of 10:21.54 seconds to win.

Reemus Fernando
The Island

RANKING BY COUNTRY

| RANKING | NATION | 🥇 | 🥈 | 🥉 | SUM |
|---------|-------------------|-----|-----|-----|-----|
| One | JAPAN | 14 | 4 | 5 | 23 |
| 2 | CHINA | 11 | 5 | 3 | 19 |
| 3 | INDIA | 6 | 7 | 6 | 19 |
| 4 | UZBEKISTAN | 4 | 4 | One | 9 |
| 5 | CHINESE TAIPEI | 3 | 4 | 6 | 13 |
| 6 | QATAR | 3 | 2 | 0 | 5 |
| 7 | SRI LANKA | 2 | One | 2 | 5 |
| 8 | THAILAND | One | 3 | One | 5 |
| 9 | KUWAIT | One | 0 | 0 | One |
| 10 | REPUBLIC OF KOREA | 0 | 5 | 9 | 14 |

NATIONAL OLYMPIC COMMITTEE OF SRI LANKA

Olympic Day

June 23, 2023



OLYMPIC DAY
CELEBRATIONS

From Page 03



Olympic Day – June 23, 2023



PREFACE

True Olympic celebration is fully reflected by understanding its founding philosophy. The Olympic Games is one of the elements that the majority see as true spirit, the word '*Olympism*' provides us with core essence. The idea of the founder of the modern concept of Olympics by reviving the modern Olympics to the world was to bring peace to the world, but not to practice power struggle for medals among humans or nations. According to most accounts, the man solely responsible for reviving the modern Olympic Games was Baron Pierre de Coubertin. The noble commitment of the founder is commemorated and respected by all NOCs in the world on June 23 of the year to promote the Olympic ideas.

Internationally, the day is celebrated to promote and spread awareness about the Olympic Movement, and to encourage more and more people to take part in the Olympic Games. Athletes and sportsmen from almost all nations participate in sports activities, such as runs, music, exhibitions, different sports, games, and educational seminars on the day. The Olympics Day has three pillars — Move, Learn, Detect. The National Olympic Committee encourage the participation of all regardless of their gender, age, social background, etc.

BACKGROUND

As an annual event of the NOC Sri Lanka, the '*Olympic Day*' (June 23, 2023) is scheduled to be held in Viharamahadevi Park, Colombo. Due to the COVID-19 related precautions the NOC Sri Lanka conducted the last three Olympic Day Celebrations in virtual/hybrid versions. But, the Olympic Day 2023 will be back to its normal celebration with full of physical participation of multiple stakeholders of the National Olympic Committee of Sri Lanka. However, the whole celebrations will be live on NOC Sri Lanka's social media to connect the villages, regions, cities in Sri Lanka and globe to show the solidarity on June 23, 2023. This approach is to reach the heart of true Olympic Spirit.

From Page 04



Olympic Day – June 23, 2023



PROPOSED ACTIVITIES

1. *“Let’s Move” Campaign:* International Olympic Committee introduce *“Let’s Move”* campaign for the first time in the Olympic Day history and it will be kicked off from June 1 to promote the Olympic Day celebrations across the world with the active participation of every global citizen. This will be a social media campaign to promote all kind of communities through active sport



participation with the support of sport role models of our nation. In addition to the ‘Let’s Move’ campaign, countdowns, promotional articles and other relevant materials will be shared on all social media.

2. *Exhibition by French Embassy:* Paris 2024 introduce four champions through the work of four photo artists. These images shake up stereotypes, giving the public a modern insight into socially-engaged athletes. This photo exhibition will be displayed by the Embassy of France to Sri Lanka in Viharamadevi Park.

3. *Art Competition:* NOC Sri Lanka annually conduct art competition during the Olympic Day celebrations, an Olympic Day related theme will be announced to draw painting by the school children age from 12 – 18 years old. The submission will be welcomed by online. The best selected 50 finalist will be invited to the NOC Sri Lanka headquarters for the final contest and the best three winners will be awarded during the Olympic Day 2023. The best 50 paintings will be displaced during the Olympic Day 2023.



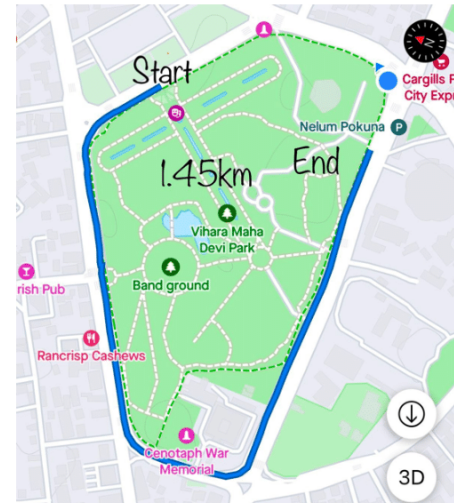
From page 05



Olympic Day – June 23, 2023



4. *Sri Lanka Olympic Day Esports Challenge:* Since e-sport is included in the upcoming Asian Games and Team Sri Lanka will also compete in the sport, E-sports Association of Sri Lanka will be engaged in an E-sport demonstration to promote e-sport during the celebrations at Viharamdevi park so that the school kids and other participants will have a chance to practice e-sports.
5. *Walk:* Olympic Day walk will start at 3.30 p.m. from in front of the Colombo Municipal Council towards the open-air theater at Viharamadevi Park. Some of 1000 participants are expected to be part of this parade.



Olympic Day Agenda:

| Time | Programme |
|-------------|---|
| 4.00 p.m. | National Anthem Traditional Dance by the DanceSport Sri Lanka |
| 4.05 p.m. | Opening remark by Mr. Maxwell de Silva, Secretary General – NOC Sri Lanka |
| 4.10 p.m. | Video of the history of Olympic Day Celebrations |
| 4.15 p.m. | Introduction to Olympic Day |
| 4.20 p.m. | Message from the IOC President - HE Thomas Bach |
| 4.25 p.m. | HipHop by the DanceSport Sri Lanka |
| 4.35 p.m. | Address by the Chief Guest – French Ambassador |
| 4.40 p.m. | Announcing the winners of the Art Competition |
| 4.45 p.m. | Ballroom Dance by the DanceSport Sri Lanka |
| 4.50 p.m. | Plaque Presentation |
| 4.55 p.m. | Vote of Thanks |
| 5.15 p.m. | Demonstration Session - By e-sport - By Sri Lanka Archery Association |

Faster, Higher, Stronger – Together

THE OLYMPIC GAMES CELEBRATE DIVERSITY ON THE GLOBAL STAGE

Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ+) Pride Month, celebrated in June, is an opportunity to reflect on how the Olympic Games foster inclusion



Paris 2024

A cornerstone of the Olympic Movement is the belief that sport has the power to bridge divides and promote harmony among people from diverse backgrounds.

These values are reflected in both the Olympic Charter and Olympic Agenda 2020+5, which recognises that gender equality, inclusion and diversity are integral components of the IOC's vision of building a peaceful and better world through sport.

Pride at Paris 2024

The upcoming Olympic and Paralympic Games Paris 2024 will further highlight the importance of inclusion within the Olympic Movement, with "Games wide open", the Paris 2024 slogan, underlining the organisers' commitment to the fight against discrimination. To mark the International Day against Homophobia, Transphobia and Biphobia on 17 May, Paris 2024 announced the creation of the Pride House: a dedicated space at the Games to celebrate LGBTQ+ athletes, entourage members, fans and allies.

The Pride House will be at the heart of the Games, located at Parc de la Villette – close to competitions venues such as La Chapelle Arena, Stade de France and La Concorde.

Led by the Fier-Play association – a French not-for-profit initiative dedicated to fair play, equality and respect – in partnership with Paris 2024, the Pride House will offer a programme of celebratory, cultural and educational activities focused on inclusive sport.

From Page 07

Its objectives are:

- to provide a safe space for the LGBTQ+ community;
- to empower athletes;
- to celebrate the Games and the performances of LGBTQ+ athletes;
- to educate on the inclusion of LGBTQ+ people in and through sport; and
- to build awareness and visibility, leaving a legacy for the international sports movement.

Games for all

To ensure that the message of inclusion and diversity is accessible to all at the Games in 2024, in addition to the permanent Pride House in the centre of Paris a mobile Pride House will pop up around different Games venues and throughout the city, -

and a digital Pride House will be available on smartphones.

“At Paris 2024, we are convinced that sport changes lives, and that it is also a formidable tool for changing mentalities and contributing to the fight against discrimination,” said Paris 2024 President Tony Estanguet on announcing the creation of the Pride House.

“As organisers of the world's biggest sporting event, we have a responsibility, and we also want to take advantage of the visibility of the Games to advance this essential fight.”

The Pride House is just one of the many initiatives embraced by Paris 2024 and its stakeholders in the fight against discrimination, which include the signing of the LBGT+ Commitment Charter by Paris 2024 as an employer, and the work of the Paris 2024 Endowment Fund, which each year supports a number of projects using sport as a tool for inclusion.

Pride House Tokyo's lasting legacy

The Paris 2024 Pride House follows a strong tradition which stretches back to the first Pride House at the Olympic Winter Games Vancouver 2010, and will build on the success of the Tokyo 2020 equivalent, which has provided a powerful Games legacy of inclusion and diversity after being turned into Japan's first permanent LGBTQ+ support centre.

Since these Games, which included the largest number of openly LGBTQ+ athletes ever to compete at an edition of the Games, Pride House Tokyo has run a number of projects and programmes, including a counselling service for LGBTQ+ young people and educational seminars for sports bodies; and in June 2022 it signed an agreement with the Japanese Olympic Committee to promote inclusiveness in sport across Japan.

olympics.com



**UNITY
IN
DIVERSITY**

SRI LANKAN YEVAN DAVID EARNS A PODIUM FINISH IN BELGIUM



Skillful and masterly driving by 15 year old Sri Lankan Yevan David was the Cynosure of the DKM German Karting Seniors Championship Race, held through 27th and 28th May 2023.

The competition attracted 44 professional drivers.

An engine failure in the Pre-finals resulted in his relegation to the back of the grid at P27 start in the finals.

Despite this setback David endured 23 overtaking maneuvers within a phase of 19 laps to finish at P4 in an enthralling final lap.

This performance earned him a Podium Position in the overall competition standings.



9th ASMC
Call for
Application
NOW OPEN!



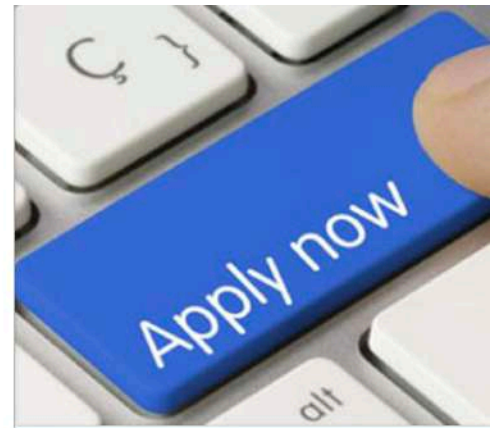
Please Register Online via
the Following Link: <https://forms.gle/YzGsXE3aumRINNem8>



DEADLINE: 19 June 2023
(11:59 p.m. SLST)



More Information:
<https://olympic.lk/nocnews/431>



**ADVANCED
SPORT
MANAGEMENT
COURSE
2023/2024**



OLYMPIC DAY CELEBRATIONS

COLOMBO - 2023

**15
DAYS MORE**

**JUNE 23, 2023 FROM 4.00 PM ONWARDS
AT VIHARAMAHADEVI PARK, COLOMBO-7**

MEDIA SUPPORT

