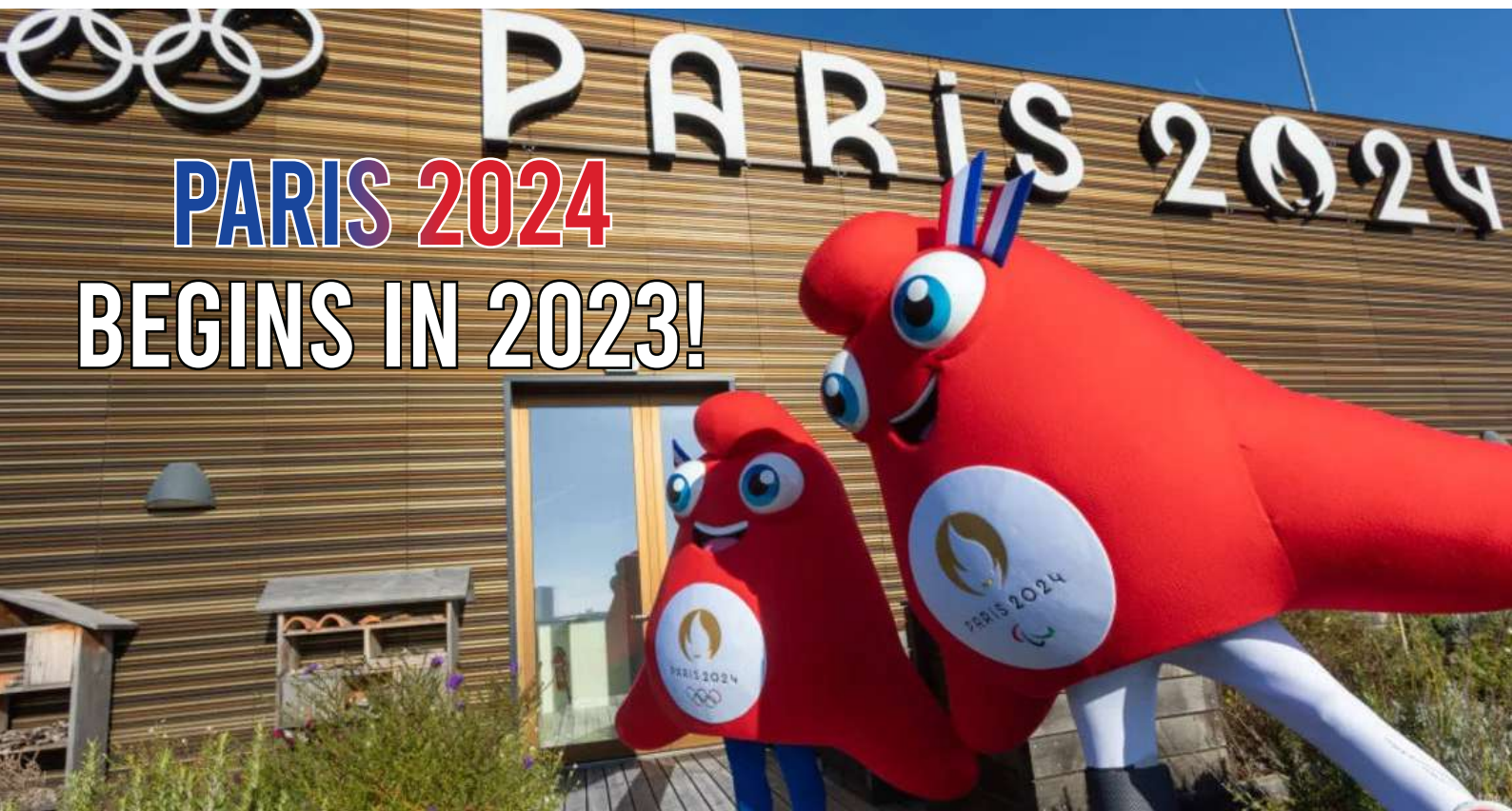




GoodSport NEWS

S R I L A N K A O L Y M P I C W E E K L Y N E W S B U L L E T I N



PARIS 2024 BEGINS IN 2023!

In 2023, a slew of Paris 2024 Olympic Games-related events will take place all over the world.

From qualifiers to test events, ticketing phases and medal design reveals, here are all the things you won't want to miss in 2023.

The Paris 2024 Olympic Games are scheduled to take place between 26 July and 11 August 2024, but in reality they've already begun.

In 2023 alone, there will be a large amount of events, qualifiers, and milestones which you won't want to miss out on.

In fact, in 2023 about 700 Paris 2024 spots will be awarded in almost all of-

the Olympic sports to NOCs and athletes based across every continent.

There will also be test events, Look & Feel reveals, the unveiling of the Olympic torch relay route and much more.

So to make sure you don't miss anything, bookmark this article, print it out and stick it on your wall. Are you ready?

January – Register for tickets and follow the men's handball World Championships

12 – 29 January – Handball: Men's World championships, Poland and Sweden



POLAND SWEDEN 2023 HANDBALL

31 January – Ticketing: End of draw for Phase 1

From page 01

February – Create your Games tickets packs

15 February to 15 March – Ticketing: people who have registered between 1 December and 31 January will receive an email with the result of the draw during this period and, if chosen, will be able to create their Games packs.

March – 500 days to go and Shooting European championships

5 – 15 March – Shooting: European championships (10 metres) will be held in Tallinn



14 March – 500 days to go to Paris 2024

End of March – Volunteers: the recruitment portal for the general public will close

April – More ticketing phases and Olympic week

3 - 8 April - Olympic & Paralympic week

March – April - Ticketing: registration period for the draw for the sale of single tickets

May – Rugby 7s and single tickets phase

May – Ticketing: sales of single tickets for people selected in the draw begin

3 - 13 May - Weightlifting Asian Championships

12 – 14 May - Rugby 7s: Final event of the Women's Series, Toulouse

20 – 21 May - Rugby 7s: Final event of the Men's Series, London



June – Olympic Day and European Games

21 June - 2 July - European Games in Krakow, Poland

23 June - Olympic Day



Summer 2023 - Applications of volunteer candidates to be reviewed

July – One year to go and multiple spots to be awarded

9 - 16 July – Test event: Sailing in Marseille Marina

13 – 16 July - World Triathlon mixed relay championships in Hamburg

14 – 28 July – Archery: Pacific Games in Honiara, Solomon Islands

14 – 30 July - FINA world championships in Fukuoka, Japan



25 July - 6 Aug – Shooting: Shotgun European championships in Leobersdorf, Austria

26 July – One year to go to Paris 2024 Olympic Games

August – Over 200 spots for Paris 2024 awarded

Date to be confirmed - Hockey Oceania Cup, New Zealand

1 – 12 August - IFSC World Championships, Bern, Switzerland: speed, boulder and lead



3 – 13 August - UCI World Championships Glasgow, Scotland: BMX racing, mountain bike, road cycling, road cycling time trial and BMX freestyle



4 - 19 August - African Games, Accra, Ghana

10 – 20 August - Sailing worlds, The Hague, Netherlands



11 – 20 August: Surfing WSL Tahiti Pro

From page 02

14 – 31 August: Shooting world championships, location to be defined

17 - 20 August – Test event: Triathlon and para-triathlon on Pont Alexandre III

18 – 27 August - Eurohockey championships, Moenchengladbach, Germany



21 August - Modern Pentathlon World championships, Bath, UK

21 -27 - Rhythmic gymnastics world championships, Valencia, Spain

25 August – 10 Sept - FIBA Men Basketball World Cup, Indonesia, Japan and Philippines



28 August – One year to go to Paris 2024 Paralympic Games

September – Asian Games and rowing

3 – 10 September: Rowing Worlds championships, Belgrade, Serbia



2 - 17 September: Weightlifting World championships, Riyadh, Saudi Arabia

16 – 24 September - 3 women’s volleyball Olympic qualifying tournaments, Japan and other locations to be announced

16 – 24 September - Wrestling World championships in Krasnoyarsk, Russia

19 – 24 September - Canoe Sprint



and Slalom World Championships in Waltham Cross, UK

23 – 24 September - Breaking World championships in Leuven, Belgium

23 September - 8 October - Asian Games in Hangzhou, People’s Republic of China

29 September – 8 October - Artistic gymnastics world championships Antwerp, Belgium: 56 spots for Paris 2024 to be awarded



Autumn 2023 – Paralympic Games Ticketing sales start

October – Panamerican Games and volleyball

30 September – 8 October - 3 men’s volleyball OQ tournaments, Japan and other locations to be announced

1 – 10 October - Shooting Africa championships, Cairo, Egypt

20 October - 5 November - Pan-American Games, Santiago, Chile

22 October - 2 November – Shooting Asia championship, Changwon, Republic of Korea

November – Who will fly highest on the trampoline?

9 -12 November - Trampoline world championships, Birmingham, UK



December – Taekwondo and Handball to end the year

30 November – 17 December - Handball Women’s World Championships, Denmark, Norway, Sweden



Date to be confirmed - World Taekwondo Grand Slam Champion Series finale, Wuxi, China

And there will be even more events to be confirmed in 2023 such as the revealing of the Paris 2024 Look & Feel, the Olympic Torch Relay route, the Paris 2024 medals design, the Olympic Torch and lanterns designs and no doubt some unexpected surprises.

බර්මින්හැම් 2022 පදක්කම් ලාභීන් LMD වසරේ ශ්‍රී ලාංකිකයා ලෙස නම් කෙරේ

පසුගිය සතියේ, ජනප්‍රිය ශ්‍රී ලාංකික ව්‍යාපාරික සඟරාවක් වන LMD, ඔවුන්ගේ “වසරේ ශ්‍රී ලාංකිකයා” සම්මානයේ හිමිකරු සහ එහි නම් කරන ලද තරඟකරුවන්ගේ ලැයිස්තුව හෙළි කළේය.

වසර විසි අටකට පෙර, 1994 දී, “වසරේ ශ්‍රී ලාංකිකයා” නම් කරමින් LMD සඟරාව විසින් පළමු සංස්කරණය එළිදැක්වීය.

වසර ගණනාවක් පුරා, දේශපාලන, ක්‍රීඩා, ව්‍යාපාර, විනෝදාස්වාදය සහ විද්‍යා යන ක්ෂේත්‍ර හරහා බැබළුනු ශ්‍රී ලාංකිකයින්, මෙම සන්නාමය සඳහා නම් කෙරිණි.

LMD ප්‍රකාශ කළේ, “පශ්චාත් COVID-19 වසංගත සහ ආර්ථික අවපාත තිබියදීත්, අපගෙන් සමහරෙක් බැබළුණා.

මෙම නම් කෙරුණු සෑම පුද්ගලයෙකුම තම තමන්ගේ ජයග්‍රහණ සහ දායකත්වය වෙනුවෙන් වසරේ ශ්‍රී ලාංකික (SLOTY) තරඟකරුවන්ගේ ලැයිස්තුවට ඇතුළත් විය.

ඔවුන් සෑම කෙනෙකුම ජාතියේ පෞරුෂය එහි විවිධ ආකාරවලින් පෙන්වූ අතර ඒ හරහා අපගේ ගෞරවය ලබා ගත්හ.

“ඔවුන් දක්ෂතා රාශියක් නියෝජනය කරන ශ්‍රී ලාංකිකයන් වන බැවින් LMD හි වසරේ ශ්‍රී ලාංකික සම්මානය සඳහා සුදුසු ගෞරවයක් දැක්විය යුතු අතර සෑම නාමිකයෙක්ම අපගේ සමාජ තලයට අනන්‍ය ලෙස දායක වී ඇති බැවින් තේරීම දුෂ්කර එකක් විය - 2022 ව්‍යතිරේකයක් නොවේ.”

පසුගිය වසරේදී, බර්මින්හැම් 2022 පොදුරාජ්‍ය මණ්ඩලීය ක්‍රීඩා උළෙලේ ශ්‍රී ලාංකිකයින් 4 දෙනෙකු පදක්කම් දිනාගනිමින් රටට කීර්තියක් උදා කර දුණි.

ඔවුන් නමින්, යුපුන් අබේකෝන්, පාලිත බණ්ඩාර, නෙන්මි අහිංසා සහ දිලංක ඉසුරු කුමාර වන අතර මෙම ක්‍රීඩකයින් සිවු දෙනාම 2022 වසරේ ශ්‍රී ලාංකිකයා ලෙස නම් වූහු ලැයිස්තුවට ඇතුළත් වී තිබිණි.

LMD සඟරාව පහත ආකාරයට ඔවුන් පිලිබඳ මෙසේ සටහන් කර තිබුණි.

“බර්මින්හැම් පොදුරාජ්‍ය මණ්ඩලීය ක්‍රීඩා උළෙලේ මීටර් 100 පිරිමි අවසන් තරඟය තත්පර 10.14 කින් තරඟය නිමා කරමින් ලෝකඩ පදක්කම දිනා ගැනීමට ක්‍රීඩක යුපුන් අබේකෝන් සමත් විය. ඔහු පොදුරාජ්‍ය මණ්ඩලීය ක්‍රීඩා උළෙලේ මීටර් 100 පිරිමි හෝ කාන්තා ඉසව්වලින් පදක්කමක් දිනූ පළමු ශ්‍රී ලාංකිකයා වේ.



“පැරා මලල ක්‍රීඩා ඉසව්වේ ශ්‍රී ලංකාවේ එකම නියෝජනයා වන පාලිත බණ්ඩාර, පිරිමි කවපෙත්ත විසිකිරීමේ ඉසව්වෙන් රිදී පදක්කමක් දිනා ගත්තේය.



“18 හැවිරිදි නෙන්මි අහිංසා, මල්ලවපොර ක්‍රීඩාවෙන් ලෝකඩ පදක්කමක් දිනා ගනිමින්, පොදුරාජ්‍ය මණ්ඩලීය ක්‍රීඩා උළෙලේ ශ්‍රී ලංකාවේ ලාබාලතම පදක්කම්ලාභිනිය බවට පත්විය.



“දිලංක ඉසුරු කුමාර, පිරිමි කිලෝග්‍රෑම් 55 බර පන්තියේ සමස්ත බර කිලෝග්‍රෑම් 225ක් ඔසවමින්, ලෝකඩ පදක්කම දිනා ගත්හ.”



පොදුරාජ්‍ය මණ්ඩලීය ක්‍රීඩා උළෙලේ පදක්කම් ලාභීන්ට අමතරව, ක්‍රීඩා ලෝකයේ වැජඹුණු තවත් ක්‍රීඩිකාවක් මෙම ලැයිස්තුවට ඇතුළත් විය. LMD සඟරාව සඳහන් කළේ, “ලැයිස්තුවේ අන්තිමයා නමුත් නිසැකවම, වමරි අතපත්තු සිටි - අපගේ කාන්තා T20 ජාත්‍යන්තර කණ්ඩායමේ නායිකාව සහ වරලත් ක්රිකට් (franchise cricket) ක්‍රීඩා කළ පළමු ශ්‍රී ලාංකික කාන්තාව. ඇය 2022 කාන්තා ආසියානු කුසලානයේ දී කණ්ඩායමට නායකත්වය දුන් අතර දෙවන ස්ථානය දිනා ගැනීමට සමත් විය.”

MARATHON OLYMPIC CHAMPION ELIUD KIPCHOGE: "YOU CANNOT PERFORM IN A POLLUTED ENVIRONMENT"

Trees play a big role in Marathon

Protecting the environment is a key goal for many in 2023, with the Kenyan Marathon Olympic champion's foundation and the Olympic Forest helping to achieve that goal.

In 2020, the Kenyan double Olympic gold medallist and world record holder adopted 50 hectares of forest land in the Kaptagat Forest near where he spends most of the year training at high altitude.

"If you train in a polluted environment, then you cannot perform," marathon great Kipchoge told the BBC from his homeland.

"Kaptagat Forest made a huge difference in my career. I've been here for the last 20 years and without this forest, and staying in the area, I think that I could not be where I am today. I realised that the only way to perform and to actually enjoy running is by training in a good place, breathing clean air."

A year later, the distance-running great decided to create a foundation that focussed on education and the environment, including planting trees.

To date, Kipchoge has adopted 130 hectares of forest, and claims that it's 'just the start'.

His wider goals include adopting a forest in every country in which he would plant indigenous trees.

"Every day is Earth day" - Eliud Kipchoge to Olympics.com

Kipchoge revealed the principles he employs in his daily routine in order to help protect the environment, in an interview with Olympics.com for Earth Day 2022:

"Every day is Earth day for me," Kipchoge told Olympics.com.

"I have improved my lifestyle to help fight climate change.

"I walk more, I minimise my water usage and I always try to encourage others to plant a tree on an important day or anniversary.

"My daily green effort is walking. I walk as much as I can instead of driving everywhere, so I can minimise my emissions."

Creating Africa's Olympic Forest

Protecting the environment is also an area of focus for the International Olympic Committee (IOC).

In 2021, the IOC started an initiative to grow 590,000 native trees across approximately 90 villages in Mali and Dakar 2026 Youth Olympic Games host nation Senegal.

The Olympic Forest is an important element of the IOC's strategy to address climate change, which includes cutting emissions in line with the Paris Agreement, and reducing the impact of the organisation's footprint. With an end-goal to become climate positive, the IOC is set to cut its emissions 30 percent by 2024 and 50 percent by 2030, and compensate more than its remaining emissions.

While planting trees will help to protect the environment, the project also aims to create wider social and economic benefits for communities in Mali and Senegal that are heavily impacted by droughts and floods.

