



NATIONAL OLYMPIC ACADEMY OF SRI LANKA





DECEMBER 1 – 4, 2022
NATIONAL HOLIDAY RESORT
BANDARAWELA

Final Report

Submitted to

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and Prof. B.L.H. Perera, the Director of the National Olympic Academy of Sri Lanka

By

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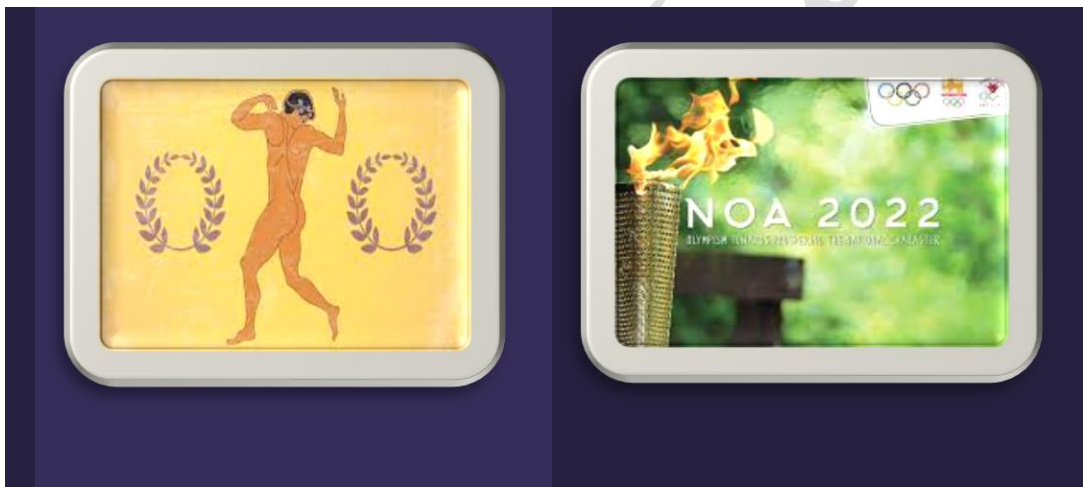
TEAM OF THE NATIONAL OLYMPIC ACADEMY (2022)

President	Mr Suresh Subramaniam <i>(NOC SL President)</i>
Secretary General	Mr Maxwell de Silva <i>(NOC SL Sec. Gen.)</i>
Director	Mr Chandana Liyanage <i>(NOC SL Assistant Secretary)</i>
Academic Director	Mr B.L.H. Perera <i>(Visiting Professor; Co-Chair, NOC SL Education Committee)</i>
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ABOUT THE REPORT

This is the final report of the 18th Edition of the Academic Proceedings of the National Olympic Academy of Sri Lanka. This includes the four days residential program carried out mainly at the National Holiday Resort Bandarawela and selected other locations in the surrounding from 1st to 4th December 2022.

This report will provide a) an introduction to the 18th Academic Proceeding's strategic directions; b) an overview of the process and the activities implemented during the residential program; c) a highlight of the program activities, immediate outcomes and the expected long-term outcomes to the Olympic Movement in Sri Lanka; d) the conclusion of the report informing the reform of works as recommendations and further implications.



INTRODUCTION

National Olympic Academy of Sri Lanka (NOC SL)

The philosophy of Olympism is that it is not representing sport alone. It is a universal theory binding the pure human qualities for sustainability which urges a balanced reconstruction of the society entailing physical, mental, and spiritual wellbeing. Abide by that philosophy the National Olympic Academy (NOA) was initiated in Sri Lanka in 2001 by Mr. Hemasiri Fernando, then President of the National Olympic Committee of Sri Lanka. Since then, NOC SL conducts NOA as an annual program which has been organized under the auspices of the International Olympic Committee to disseminate Olympic Values to the youths in Sri Lanka.

National Olympic Academy of Sri Lanka being the solitary teaching authority under the National Olympic Committee of Sri Lanka which is committed to the mission of propagating the Olympism to hearts and minds of the Sri Lankan youth in Sri Lanka, combined with the solemn promise of the educational mission of the country to fostering a new generation of responsible and productive young people who will lead peaceful lives while contributing to their communities in need.

Rationale of the 18th Academic Proceedings of the NOA Sri Lanka

Today Sri Lanka is at a crucial juncture. The character of the country will be the character of its people. As a responsible organization, NOC and the National Olympic Academy (NOA) can continue playing an accelerated role of responsive leadership to contribute to our culture, education, and sport. To achieve this final aim: the character of the country, the NOA's program including its' events contributes to provide exposure to 'Olympism' based culture.

The NOA Sri Lanka has diverted its' tradition track thinking and gaining momentum towards a forgotten or partially not protected segment, and this segment has experienced negative life alteration seriously to become the victims of covid19 and economic crisis that we experience in Sri Lanka. In Sri Lanka this growing generation gets very limited protection and concern and it is from only few institutes and organisations. Hence, this year we focus on primary school children, especially the generation alpha who born between 2010 and 2020.

Connecting with that focus we aimed to introduce the Olympic value education program for primary school teachers and mentors in the primary education field who would like to join as trainers and

implement the program in their respective schools or in a similar community. These teachers are the bridges between the society and the generation alpha. Involving 1000 primary school teachers from different regions in Sri Lanka is our strategic target and expected enhancing the efforts of protecting alpha generation and their future filled with Olympism based aspirations to make a positive outcome through this situation.

Consequently, NOC SL is adhering to its mission of developing, promoting and protecting the Olympic Movement in Sri Lanka in accordance with the Olympic Charter. Hence this year we have laid a strong foundation as a pilot program in the primary education level addressing the duty of citizenry to provide education for children to understanding social values through sport and Olympic values for a harmonious living in a diverse culture as they grow through youth years. Furthermore, it is our ultimate understanding of the responsibility as per the goal of the Olympic Movement “to contribute to building a peaceful and better world by educating youth through sport practiced in accordance with Olympism and its values.” (Olympic Charter, Chapter 1, Rule 1.1).

Objectives of the NOA 2022

- Providing a national character development opportunity by the NOC SL.
- Align the NOA SL’s philosophy and contents to meet the challenges of modern society and the current needs.
- Continue to be the leader of South Asian region and support number of NOCs of the region to initiate and develop the concept of NOAs, where they involve youth and children in Olympism based educational initiatives.
- Serve as the base for the young to evolve embracing the ‘Olympic Education Culture’ and grow concepts and enhance sport leaderships.
- Be a contributor towards a peaceful society.

NOA 2022 Major Collaborations:

1. NOC & NOA Sri Lanka
2. IOC & Olympic Solidarity
3. Ministry of Education, Sri Lanka
4. Olympic Education Volunteer Scholars
5. South Asian Regional Delegates (Pakistan, Maldives, Nepal)

PROGRAM OF THE NATIONAL OLYMPIC ACADEMY OF SRI LANKA, 2022

Overview of the Program

The 18th edition of the annual proceedings of the National Olympic Academy of Sri Lanka was successfully concluded after a series of four (4) consecutive days residential program held from 1st to 4th December, 2022 at National Holiday Resort Bandarawela (NHR) under the patronage of the National Olympic Committee of Sri Lanka and the International Olympic Committee.

The total number of participants were compromised of thirty (N=30) invited and selected youth and adult primary school teachers from government and private schools in Sri Lanka (n=23) as well as representees from the regional National Olympic Committees of Maldives (n=4), Pakistan (n=1), and Nepal (n=2).

This year's proceedings were designed constructively to address the need of "Actions to 'Protect, Promote and Develop' Generation Alpha and to enrich with 'Olympism' based culture to enjoy their youth and adult life later peacefully. Aligned with the purpose the program was wrapped with the core theme of "Olympism Towards Prospering the National Character". Subsequently the program introduced and explained the five Olympic Educational Themes/ Values of a) Joy of Effort; b) Fair Play; c) Respect for Self and Others; d) Pursuit of Excellence; e) Balance between Body, Will, and Mind. The thematic discourses were enriched by framing it within the knowledge of "Olympism and Heritage" and "Olympic Values for Self and Society" provided through opening lectures which will further elaborate in next sections. The knowledge and experience shared within the program is expected to transfer through its main participants, the primary school teachers to their school setting.

The four days of the program were dedicated to confirm the flow of its agenda and the objectives as follow:

- Day-1: Welcome and NOA 2022 Opening Ceremony.
- Day-2: Introductory sessions to share the knowledge of Olympism, Olympic Heritage, and Olympic Values (OVs).
- Day-3: Workshops to practice delivering OV's in primary classrooms and its context.
- Day-4: Fieldtrip to applying learning in immediate real-life situations and the closing ceremony of the NOA 2022.

NOA 2022 Participants

The main target group of the NOA 2022 was the primary school teachers through whom NOA SL expects to reach the strategic target of primary school children. This is a major milestone of the Olympic Movement in Sri Lanka through Olympic Education. Among the 30 participants twenty-three were Sri Lankan primary school teachers who comprised of twelve (n=12) female teachers and eleven (n=11) male teachers representing the public (n=19) and private (n=4) schools. The average age of the participants were age 30.9 years.



Participants of the NOA 2022 at the Main Entrance of the NHR Auditorium, Bandarawela

Forty four percent (n=10) of them were teachers who teaches all primary subjects from grade 1-5. They made the majority of the participants and two of them were school head leaders or the principals. Another fraction of the participants represented grades 1-2 (n=2), grade 3 (n=1), grades 4-5 (n=2), grade 5 (n=2) and they all were also trained teachers for all the primary subjects. Rest of the teacher participants (n=6) were comprised of primary physical education teachers (n=4) and sport coordinators (n=2) from the district level for primary schools. Apart from the local teacher participants, NOA 2022 delegated 7 young regional NOC participants who eagerly contributed for the working theme. All the participants demonstrated and shared the deep interest and the keen understanding of the purpose of this years' proceedings and expressed the willingness to carry out the expected outcomes of the proceedings as they return to their classrooms and school context. At large they expressed their gratitude for the attainment of their personal development withing the complete learning process.

ACTIVITIES OF THE NOA 2022 PROGRAM

Welcome and NOA 2022 Opening Ceremony.

Day one, 1st December 2022 offered a well-organized warm welcome to all the participants gathered to the NOA 2022 site using their own mode of transportation spending hectic hours throughout but with a firm expectation to attend the proceedings. The NOC SL organizing committee together with the academics of the NOA SL welcomed the participants at their arrivals from 16:30 to 18:30 hours at the North West Entrance of the National Holiday Resort, Bandarawela. Following the registration, they were guided to their allocated accommodation venues with the NOA 2022 complementary gift pack.

By the evening of the day one (18:30 hours) participants, invitees, guests, and organizers gathered to the North East Garden of the NHR first for the orientation to the NOA site and they were directed to the opening ceremony at the North East Lobby afterwards from 19:05 to 19:55 hours.

The welcome address of the opening ceremony was delivered by the Secretary General of the NOC SL Mr. Maxwell de Silva who patronage endlessly for the continuation of the Olympic Movement in Sri Lanka amid all the challenges. He highlighted that he is more watchful over this new stance of the NOA SL with the primary education sector and its progress.

Following his address, the opening remarks of the NOA 2022 proceedings and the opening overview of the program was delivered by the Academic Director of the NOA SL Prof. B.L.H. Perera who has paid enormous hardships over decades for the upliftment of the quality of the Olympic and sport Education in Sri Lanka. He highlights the reason for implementing the 2022 concept with primary education sector, the long journey of the now primary school children as Olympic role models by absorbing the knowledge and attitudes transferred to the society as they grow, and also the historical value of the NOA site of Bandarawela as a Sri Lankan and the moral story of the same. Afterwards the participants were guided and invited to a self-introduction session within the ceremonial atmosphere.



NOA Proceedings of 2022 was themed around Olympism towards prospering the National Character and aimed to share the leadership responsibility among the primary education teachers as one of the main stakeholders in the lives of the generation alpha. Connected with these efforts our Keynote Speaker was Senior Professor R.M.U.S.K. Rathnayaka, the current Vice Chancellor of the Sabaragamuwa University of Sri Lanka who is a microbiologist by his profession and has contributed numerous times to the OM by sharing his expertise as a senior leader in the education sector in Sri Lanka. He liberated the participants on the usefulness of Olympic Values to the current society through his unique understanding of the same. Participants and invitees actively listened and wanted sharing some important reflections over his content after the speech.

Followed by the keynote, the participants with the audience gathered to collect their first official memory of the NOA 2022, the photograph of the day (shown below). Then the day one activities were concluded



after a short notice of the next day program and the dinner enjoyed at the main restaurant of the NHR Bandarawela. The ceremony was compered by one of the Academic Group Leaders, Ms. Lakna Waravita.

The more information of the Day 1 can be followed through the NOC SL official YouTube channel and following the link herewith: <https://youtu.be/U8DsyvqFKk8>.

Sessions to share the knowledge of Olympism, Olympic Heritage, and Olympic Values (OVs).

The day two, 2nd December 2022 was dedicated to introduce the Olympism, Olympic Heritage, and Olympic Values (OVs). It was delivered through three main sessions comprised of lectures, interactive sessions, and active breaks aligned with the objectives of the day.



The day started with a physical activity of 30 minutes call “BreeZL” NOA-SL Morning which named after the idea of “Breath the pure Sri Lankan air” at the North East Garden. Participants were then treated with an especially prepared Sri Lankan herbal porridge called “*kolakanda*” which followed by the breakfast as a headfirst start for the day two.

Afterwards the academic group leaders of the NOA 2022 guided the participants to the assembly point and then lead to the NHR north west entrance to the second main group photograph of the program to commemorate the start of the sessions.

Consequently at 09:15 hours the session one of the day two program started. It was a 45 minutes



lecture given by the NOA SL Academic Director Professor B.L.H. Perera under the title of “Olympism and Heritage” at the NHR auditorium. He arranged the pitch to the participants to brainstorm with a highly active ice breaking game and then to actively listen to the contents of his lecture. Participants expressed keen enthusiasm to explore more about the topics he disseminated about the Olympism as a way of life; historical milestones of the

Olympic education; Olympic history and the heritage; and orientation of Olympic values.

Followed by Professor B.L.H. Perera’s lecture, Ms. Eranga Chrishanthi Fernando the Head of the group leaders of the NOA 2022 who is an Olympic and sport education scholar joined the session two by elaborating the title “Olympic Values for Self and Society”. She conducted a 45 minutes interactive session delivered through assigned group activity to achieve the lesson outcomes of the understanding

of the Olympic values and its applications in the daily life at different situations. She emphasized the importance of understanding the (Olympic) values within to share among the people we meet. Participants contributed in three groups to actively learn the concept.



Next the session three which consisted of 5 sub sessions started after a 20-minute tea break where participants enjoyed casually at the NHR auditorium lobby. Followed by the tea break they showed more close companionship with each other and joined the session 3.1 which delivered to explain and elaborate the Olympic educational value “Joy of Effort”. This session was done by prof. B.L.H. Perera and Group Leaders as a highly organized interactive session where participants were asked to solve a human puzzle with given guidelines. They enjoyed their efforts through using the elements of creative thinking, problem solving, team working, effective communication, and interestingly trying to enjoy the process of learning. This session held for one hour and ended with the calling for the lunch break. Then participants, delegates, resource persons and the organizing committee members joined lunch at the main restaurant of the NHR Bandarawela from 12:30 – 14:00 hours.



Followed by the lunch at 14:15 the session 3.2 started. It was a lecture delivered under the title of “Fair Play”, another Olympic educational value by one of the guest speakers of the day, Major General Lanka Amarapala. He is a major contributor to the Olympic Education in Sri Lanka for many years as an Advanced Sport Management diploma holder and as an evaluator in the same course. His session lasted at 15:15 hours spending a one-hour rigorous session with the participants by arousing interesting discussions as he flows. He shared his perspective of fair play as a father of two young children as well as a key authoritative figure in the country’s security.

Moving from the fair play discussions, the session 3.3 dedicated a one-hour session to elaborate the value of “Respect for Self & Others” as a way to connect with another culture and understand its universality. Hence our guest speaker was Professor Mitsuyuki Tomiyoshi a professor (associate) from the Department of Economics, Kurume University, Japan who is currently visiting one of the state



universities located in the closer proximities of the NOA 2022 site. His study interests included genetic diversity and local culture and volunteered to share his life lessons in the perspective of a Japanese scholar under the theme of “Respect”. The volunteer nature of the Japanese scholar supported in this attempt of the NOA 2022 to learn how they combine their school lunch, tea, school field visits to teach this concept in the Japanese school context. The

participants expressed their interest in his session by actively recording the lecture and taking photographs of the elements of Japanese tea ceremony, food culture, and the way they lay the foundation within their school life.

Then the next session (session 3.4) held from 16:35 to 17:35 under the theme “Pursuit of Excellence” and conducted by Prof. BLH Perera together with NOA 2022 Group Leaders. The major emphasis was given to understand the meaning of excellence within the philosophy of Olympism and the meaning of “pursuit” as the pathway to reach the level of excellence. Professor Perera highly stressed the idea that sports teach excellence by not winning medals but through teaching the way to reach the state of “*kalokagathia*” or a “cultured gentleman”. For participants it had being the first instance that they came across the idea of *kalokagathia* and they were eager to actively question professor and the group leaders for more elaborations. The session flows in an interactive mode.



Session 3.5, another one-hour session from 17:45 to 18:45 dedicated to deliver the Olympic educational theme of “Balance between Body, Will, and Mind”. The session was planned to conduct in the north east garden of NHR, however a drizzling condition stopped us moving out. Hence, we remained in the same venue as earlier. Moving from the lecture and discussion methods this session introduced a music therapy for participants to feel the ways and means a

human body can be balanced. The guest was Miss Kavindya Amarasinghe, a young Sri Lankan female uprising musician mastering the opera style. Soon after the session many participants conveyed the

real impact of the music and songs they listen as the way their fatigue disappeared and expressed the understanding the reasons why they should allow children to master different ways and means to find the harmonious life as they grow. Also, it was a recalling for the teachers themselves too.

After the session 3.5 the Day 2 Recap and Day 3 Overview were given by the Head of the Group Leaders and directed the participants to their “Me Alone” time where they were guided to reflect as they relax. Then at 21:30 the agenda of the day was ended followed by the one and half hour dinner where participants interacted with each other while enjoying a special Sri Lankan dinner.

The more information of the Day 2 can be followed through the NOC SL official YouTube channel and following the link herewith: <https://youtu.be/hlBNq3P-5Bg>.



A Nepalese participant enjoying the session 3.5 with the young musician

Workshops to practice delivering Olympic Values in primary schools

The day three of the proceedings fall on 3rd December 2022 and the participants, academia, and the organizers gave a start to the day at 6:00 o'clock in the morning listening to the birds of the hill country and followed by a traditional Sri Lankan breakfast and gathering to the assembly point in the north east garden afterwards to fresh start the main agenda of the day, the workshops.

Participants entered to the auditorium with a welcome music and the venue was all set-up for workshops to begin. As the head of the Group Leaders start introducing the objectives of the day participants were directed to the groups where they worked in five groups under the guidance of a NOA academic group leader. The workshop overview is as follow:

Learning Objective: The idea was that (primary teacher) participants must “address an issue or a topic of their interest that is aligned with NOA 2022s major theme: ‘Olympism towards prospering the national character’” as suitable for their classroom environment.

Methods: Constructivist learning approach was followed based on inquiry in a workshop environment. 5E model lesson plans were created as an output of the workshop. Teacher participants engaged in intensive deliberations and lesson planning activity on a particularly given Olympic Educational Theme: Joy of effort; Fair play; Respect; Pursuit of excellence; Balance between body, will, and mind, in their guided group setting.

Major Outcome: The immediate outcome of this activity was to “prepared lessons with activities” by each group through which they deliver the “Actions to ‘Protect, Promote and Develop’ Generation Alpha and to enrich with ‘Olympism’ based culture to enjoy peaceful Youth and Adult Life in Sri Lanka”, as expected by the concept of the NOA 2022.

Moreover, the NOA academia ensure the continued support to implement these lessons in their classrooms as they return to schools and when they are organized to do so. Hence the ultimate goal was that these workshops must have created pathways (lessons) for all the Olympic educational values to reach particular primary children’s mind effectively. Appendix is enclosed herewith for more information of the workshops.

By 17:15 the day three schedule had to terminate due to an electricity interruption and participants were guided to reconcile all the lesson plans as a team as they return to their dormitories and all the freedom were given them to finalize their outputs.

Allowing more casual discussions followed by the dinner the day three agenda was closed at 21:30 at the main restaurant of the NHR and participants were updated of the day four schedule before they dismiss.

The more information of the Day 3 can be followed through the NOC SL official YouTube channel and following the link herewith: <https://youtu.be/cbtXU9H9xzs>.

Workshop Photo Stories



Fieldtrip: To reflect and applying learning in the real-life situations

Giving the start for the day four, 4th December 2022 of the NOA 2022 at 6:00 o'clock everyone gathered to the NHR main restaurant for breakfast (some) after completing their personal morning fitness schedules and prepared to depart for the field trip. The mode of transport for participants and for some academic group leaders was a public service bus arranged through the Sri Lanka Transport Board office in Bandarawela. The bus left at 8:15 o'clock from the NHR north west gate filled with joyful voices of 30 participants and eight other NOA resource persons towards the main two destinations of the day Nine Arch Bridges and Demodara Loop.

The first stop was at Ella village from where participants started walking towards the Nine Arch Bridges passing the tunnel number 40 of the Colombo – Badulla railway and feeling the cool breeze on the way with the fair weather. After walking nearly for an hour participants reached Nine Arch Bridges where they listen to a brief history about the location and its attractions explained by Mr. Denzil Darling, who is a senior physical education teacher, a scoutmaster and also one of the Group Leaders of NOA residing in Bandarawela and well aware of the place and its history. Especially for many of the local and all foreign participants this was their first experience in this location and they understood the reason why it is called the “Bridge in the Sky”, and opened more discussions about the colonial-era railway construction in the country on their way towards the next destination: Demodara railway station.

The field trip was concluded as the participants reached the Demodara railway station where they received a picknick lunch and further explored the surrounding, especially the Demodara Loop, one of the main tourist attractions in Sri Lanka in the hill country. According to the participants the field excursion has made them re-think the richness of the country which is highly blessed by the tropical to highland natural terrains compact within an island surrounded by the blue ocean. One of the Maldivian participants has commented in his reflective report that how much he wanted to stay in Sri Lanka after finishing just the 5-hour field visit. Afterwards they returned back to the NHR via the same route around 14:15 hour.

The more information of the field visit can be watched through the NOC SL official YouTube channel and following the link herewith: <https://youtu.be/Y1CBxNvf96M>.

The closing ceremony of the NOA 2022.

By 17:00 hours participants gathered to the north east garden lobby for the closing ceremony which was followed after the NOA 2022 review session done by participants through sharing their reflections over the four days learning experience. It took two hours for all the participants to conclude their sharing.

Consequently by 19:00 hours the official closing ceremony started with the vibrant outlook of the venue and compere of the day was Ms. Shalini Dissanayake, one of the Academic Group Leaders. The NOA 2022 closing ceremony started without the expected chief guest and guest of honor arrival as per several uncertainties informed by them. Hence the head of the table was Professor B.L.H Perera, the Academic Director of the National Olympic Academy of Sri Lanka and other invited academia from the Sabaragamuwa University of Sri Lanka.

The Closing Address on behalf of the National Olympic Committee of Sri Lanka was expected to be delivered by the President of the NOC Sri Lanka. However, he was unable to join due to unexpected circumstances. Hence the Academic Director Professor B.L.H. Perera accepted the task to conclude. Followed by his speech the rest of the closing addresses were as follow: a representative from the regional NOCs taken part in the proceedings and one male and female representative from the Primary Teacher Participants. They spend three minutes each for their respective closing speeches. The most admired points were the rare opportunity created for the primary education sector, a “Train the Trainers” program of this nature for enthusiastic teacher cohort and aligning with a vision for the country and transferring them to be the mission careers. They promised to continue the goals in hand!

Then a representative from the participants handed over the compiled lesson plans as a token of workshop output. Later, participants received their participation certificates by the Academic Director. Following that they enjoyed an exciting video presentation rundown of the NOA 2022 by the NOC Sri Lanka Team-Media driven by Mr. Gobinath Sivarajah.

After the exciting and fascinating moments shared together the closure of the 18th edition of the Academic Proceedings of the National Olympic Academy of Sri Lanka was marked after the vote of thanks delivered by the Head of the Group Leaders, Ms. Eranga Chrisanthi Fernando. The participants enjoyed the final night with a bonfire & BBQ session blended with a musical entertainment session afterwards.

CONCLUSION

NOA 2022 understood the critical need of the country in the moment that taking the leadership to implement projects with a vision to rethink of the character of the country. Following the need deeply accepting as a responsibility and with the trust of the power of sport and Olympism to confront that mission, the NOA 2022 was themed around “Prospering the national Character through Olympism”.

Abide by the mission the 18th edition of the Academic Proceedings of the NOA SL converted its annual session to a pilot program of ‘Train the Trainers’ and the first cohort of its trainers from the primary education sector and supportive regional delegates (n=30) were released to implement “Actions to ‘Protect, Promote and Develop’ Generation Alpha and to enrich with ‘Olympism’ based culture to enjoy peaceful YOUTH and ADULT life in SRI LANKA.

This year the NOA academia understood the importance of catering the segments which are impactful yet forgotten to confront the issues in hand at the ongoing situations in the country. They wanted to transfer the knowledge and understanding how the modern Olympic Movement created with the mission of humanizing the modern civilizations along the path of Olympism to make cultured gentlemen to the society. Hence, NOA 2022 is an extraordinary event occurred at the right time which will make a correct foundation for children, who will be the youth and adult of the future to kindle their humanity through exemplarily and visionary provisions; bridging opportunities; and triggering their hope and innovative thinking towards a developed nation with peaceful attitudes.

The NOA 2022 academia and participants expect to be the outstanding ally with NOC Sri Lanka, non-governmental organization of its kind who consciously adhering to the duty of promoting and protecting Olympic Values and addressing the duty of citizenry to provide education for children to understanding social values for a harmonious living in a diverse culture.

Connecting with that focus it is decided to introduce the Olympic value education programs around the country with the target of 1000 primary school teachers and mentors in the primary education field who would like to join as trainers and implement the program in their respective schools or in a similar community. These efforts of protecting alpha generation and their future filled with Olympism based aspirations will make a positive outcome through this situation with the time and space.

Meanwhile the education attempts of the NOC-NOA Sri Lanka will ensure to continue to be the leader of South Asian region and support number of NOCs of the region to initiate and develop the concept of NOAs, where they involve youth and children in Olympism based educational initiatives. Serve as the

base for the young to evolve embracing the 'Olympic Education culture' and grow concepts and enhance sport leaderships. And ultimately to be a contributor towards a peaceful region.



A picture taken during the field trip at the Nine Arch Bridges while a train passing through (4/12/2022)



APPENDICES

Please follow the official Google Drive Archives for the documents shared herewith: Agenda and the Workshop Plan.

1. https://drive.google.com/file/d/1a1oJvXdni0jf3S1DtKIZ0hehaKKZyQII/view?usp=share_link
2. https://drive.google.com/file/d/1f8zpbg_GGuCd1v9wFukTHhEL-WIYg2e2/view?usp=share_link